

Open Track & Field Event organised by Bedfordshire AAA Entry Form

Saturday: 14th April 2012 Closing Date: 3rd April 2011

NO ENTRIES ON THE DAY



**OPEN TRACK & FIELD MEETING at Sandy
Promoted by BEDFORDSHIRE AAA**

N.B. THIS IS NOT THE COUNTY CHAMPIONSHIPS

Bedford and County A.C, Biggleswade A.C, Luton Athletic Club,
University of Bedfordshire

Saturday 14th April 2012

Sandy Sports and Recreation Centre, Engayne Ave, Sandy SG19 1BL

Closing Date 3rd April 2012 NO ENTRIES ON THE DAY

Car parking, Refreshments, Changing / Shower Facilities

Field Events (Minimum of 4 Trials)

High Jump - All age groups

Long Jump - All age groups

Triple Jump - U17M/W upwards age groups

Pole Vault - U15B/G upwards age groups

Javelin – U13B/G upwards age groups

Shot Putt - U13B/G upwards age groups

Discus - U13B/G upwards age groups

Hammer - U15B/G upwards age group

Please note that Veterans (0/35) are invited to compete in their appropriate age category but it will be their responsibility to select the correct implement

All implements will be as laid down in UKA rules (except for U11 's)

Track Events

75m- U11

100m - U13 upwards age group

200m - U13 upwards age group

300m - U15G U17W only

400m - U15B upwards age group

600m – U11

800m - U13B/G upwards age group

1500m - U13B/G upwards age group

3000m - U15s upward

Sprint Hurdles - U13B/G to Senior M/W

300 / 400m Hurdles - U17W (300m) / U17m upwards (400m)

Please note U13 and U15 may do either 800m or 1500m
Please note that Veterans (0/35) are invited to compete in any of the above Sprint Hurdle categories appropriate to their age group (i.e. there will be no specific race for Veterans)

Disabled Athletes if sufficient interest is shown

Field – Ambulant Javelin and Wheelchair shot putt **Track** - Ambulant 100m and 400m

Under 11 Boys / Girls - Over 9 but under 11 on 31st August 2011

Under 13 Boys / Girls - At least 11 on 9th April 2011 but under 13 on 31st August 2011

Under 15 Boys / Girls - Over 13 but under 15 on 31st August 2011

Under 17 Men / Women - Over 15 but under 17 on 31st August 2011

Junior Men & Women - Over 17 by 31st August 2011 but under 20 on 31st December 2011

Senior Men & Women - Over 20 on 31st December 2011 but under 35 on 9th April 2011

Veteran Men & Women - At least 35 on 9th April 2011, thereafter 5 year age groups

Please note: Entries may be restricted due to excessive numbers

Please PRINT

Surname		Forename(s)	
Club		Gender	Male / Female (Please circle)
or School		Age Group	
Telephone		Email	
Address			
	Post code:		

Entries: £2.00 entry fee per event, maximum of three (3) U13/15 events for £5.00

Event	PB for event (for seeding purposes)	Competing Age Group for Veteran
1.		
2.		
3.		
4.		
5.		

There will be no specific Hurdles race for Veterans

Registration and collection of numbers will be on the day

Disclaimer

I hereby agree that the organisers shall not be liable for any accident, injury, loss or damage as a consequence of my participation in this Open Meeting promoted by Bedfordshire AAA.

Signed: Date:

Athletes under the age of 16 MUST have the form signed by either a parent or guardian

Total fee enclosed (please circle) 1 event = £2.00, 2 events =£4.00, 3 events = £5.00

Cheques payable to: Biggleswade AC

Entries close on Tuesday, 3rd April 2012

Please send entries to:

BEDFORDSHIRE OPEN
Sonia Brown,
57 Sandleford Drive,
Elstow,
Beds,
MK42 9GL

Enquiries:

SAE essential for confirmation of entry and working timetable